

CB-BK WE2 2026: Session: 4: COACH evaluation sheet for TEAM: CNSW

Coachinfo: Warming up from: 15:00 untill 15:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Gueret Aurore HEADCOACH

Coaches: Collard Nicolas

Coaches: Blondeel Nathalie

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 31: 400M MEDLEY WOMEN 19+							Heat:1, starttime: 16:16	
Heat: 1/1 Lane : 2 Athlete: COLINET CHARLOTTE							Q-time: 05:26:64	
PB (50m pool): 05:26.64 Woluwe-Saint-Pierre 25/05/2025 PB (25m pool): 05:25.78 SB: no time								
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	01:14.54	no time	02:40.68	no time	04:10.68	no time	05:26.64
	no time							
								

Coach feedback:

Event number: 31: 400M MEDLEY WOMEN 19+							Heat:1, starttime: 16:16	
Heat: 1/1 Lane : 4 Athlete: COLINET MANON							Q-time: 05:12:18	
PB (50m pool): 05:12.18 Antwerpen 27/07/2025 PB (25m pool): 05:09.68 SB: no time								
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:33.00	01:12.13	01:55.26	02:36.21	03:17.48	03:59.79	04:37.17	05:12.18
	00:33.00	00:39.13	00:43.13	00:40.95	00:41.27	00:42.31	00:37.38	00:35.01
								

Coach feedback:

Event number: 31: 400M MEDLEY WOMEN 19+							Heat:1, starttime: 16:16	
Heat: 1/1 Lane : 7 Athlete: SCHOEMANS ALICE							Q-time: 05:27:09	
PB (50m pool): 05:27.09 Ottignies Louvain-La-Neuve 07/06/2026 PB (25m pool): no time SB: 05:27.09 Ottignies Louvain-La-Neuve 07/06/2026								
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:35.00	01:18.35	02:01.42	02:42.55	03:27.27	04:13.12	04:50.30	05:27.09
	00:35.00	00:43.35	00:43.07	00:41.13	00:44.72	00:45.85	00:37.18	00:36.79
								

Coach feedback:

CB-BK WE2 2026: Session: 4: COACH evaluation sheet for TEAM: CNSW

Event number: 33: 4x100M FREESTYLE MIXED 15+							Heat:2, starttime: 17:34	
Heat: 2/5 Lane : 2 Athlete: TEAM CNSW 8							Q-time: 04:21:02	
PB (50m pool):			PB (25m pool):			SB:		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB								
								

Coach feedback:

Event number: 33: 4x100M FREESTYLE MIXED 15+							Heat:2, starttime: 17:34	
Heat: 2/5 Lane : 4 Athlete: TEAM CNSW 9							Q-time: 04:10:12	
PB (50m pool):			PB (25m pool):			SB:		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB								
								

Coach feedback: